

EAST SIDE HEALTH DISTRICT

650 North 20th Street

East St. Louis, IL 62205

2008 Annual Report

EAST SIDE HEALTH DISTRICT



ANNUAL REPORT 2008

The health district is devoted to improving the public health and environment for residents of Canteen, Centreville, East St. Louis and Stites townships by providing preventive health care:

- In a humanitarian spirit.
- Without regard to race, color, creed, religion, ancestry, sex, age, or national origin.
- That meets holistic needs.
- That is continuously improved in quality.
- That is part of an overall coordinated health care delivery system.
- That is in compliance with federal, state, and local statutes.

This is accomplished with federal, state, local, and private resources to promote a healthy and informed population. In 2003, we proudly continued our efforts to prevent the spread of disease, promote the health and welfare of children and adults and protect the community from communicable diseases.

MAJOR PROGRAMS & SERVICES

WIC PROGRAM SERVICES

WIC is a special supplemental nutrition program for women, infants and children helping pregnant, postpartum and breast feeding women, infants and children up to the age of 5 to improve family health with good nutrition:

- ♦ Nutrition Education.
- ♦ Health Screenings.
- ♦ Breast Feeding Support.

Nutritious food & Referral to other services

Clients Certified	7,344
Food Instruments Issued	53,232
Clients Receiving Group/Individual Sessions	6,300
Internet Education	975

FAMILY CASE MANAGEMENT PROGRAM

Case Management Services help pregnant women, infants and children. Health care and social service needs are met through advocacy and referrals.

DCFS Children Enrolled	78
Targeted Intensive Prenatal Clients	489
Teen Parenting Clients	186

NEWBORN SERVICES

Follow-up visits are made at home to help monitor the progress of a new baby born with medical problems. Counseling, education, and referrals are provided to parents eligible for local health care and social service resources.

New Clients	95
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Genetics-Newborn Screening - Family members can request information on inherited medical conditions. Counseling, education, and referral services are offered.

Family Referral/Follow up	45
Screening Tools Completed	937
Positive Indicators	316

OTHER CHILD & ADOLESCENT SERVICES

By appointment, we provide community residents with preventive and screening services for children and adolescents from birth to age 19.

IMMUNIZATIONS, WELL CHILD EXAMS, AND SCHOOL PHYSICALS

- ♦ Immunizations for infants and school aged children and adults.
- ♦ Well child exams for children up to age 5, including health history, lab work, and immunizations.
- ♦ School physicals for students in kindergarten through high school. A fee may be required.

Immunizations given this year:

Ages 0 - 2	393
Ages 3 - 18	881
Ages 19 & Older	625
TB Tests	913
School Physicals	448

EAST SIDE HEALTH DISTRICT

Locations

ADMINISTRATION BUILDING

650 North 20th Street
East St. Louis, IL 62205
(618) 271-8722

CAHOKIA SCHOOL BASE

800 Range Lane Annex Building
Cahokia, IL 62206
(618) 337-3117

CAHOKIA CLINIC

1274 Camp Jackson Rd.
Cahokia, Illinois 62206
(618) 337-4178

EAST ST. LOUIS CLINIC

638 North 20th Street
East St. Louis, IL 62205
(618) 874-4713

EAST SIDE SR HIGH SCHOOL BASE

4901 State Street
East St. Louis, IL 62205
(618) 482-4562

LOVEJOY CLINIC

401 Canal
Brooklyn, IL 62059
(618) 482-8008

VIVIAN ADAMS

501 North 10th Street
East St. Louis, IL 62201
(618) 646-3296

WASHINGTON PARK CLINIC

5540 Bunkum Road
Washington Park, IL 62204
(618) 874-4627

FAIRMONT CITY

2568 North 41st
Fairmont City, IL 62201
(618) 271-7550

Serving the Residents of

CANTEEN TOWNSHIP

CENTREVILLE TOWNSHIP

EAST ST. LOUIS TOWNSHIP

STITES TOWNSHIP

HEALTH EDUCATION PROGRAMS

Abstinence Program

ESHD have partnered with School District 189 and currently Lovejoy School District 188 to introduce middle school and high school students to the A.C. Green Game Plan curriculum, which has been evaluated statewide and shown to produce positive changes in attitudes towards the intention to choose abstinence. To compliment the school based component, the 40-week Demoiselle 2 Femme school program was also offered to female teens.

Schools Served	7
Students Served in School	400
Students Served after School	100
Parent Participants	45

Heart Smart For Teens

Health Educators facilitated the Heart Smart For Teens Programs for 5th-9th grade girls in School District 189, School District 188, and Cahokia School District 187. This 9 week program focuses on the importance of physical activity and good nutrition for heart health.

Schools Served	7
Students Served	320

CATCH

The CATCH curriculum helps students to become physically active and help lead healthier lifestyles. East Side Health District has 2 certified CATCH trainers to implement curriculum in the schools.

Coordinated School Health

In partnership with School District 189, health educators assist the entire school in setting goals based on eight components of school health identified by the Center for Disease control and Prevention. Funding received from DHS and General Mills. An annual health festival is held for the community at the participating schools each year.

Schools Served	465+
Health Festival Participants	150+
Community Organizations/Agencies	55

Substance Abuse Prevention

In partnership with School District 189, Substance Abuse Prevention Programs offers in 10 and 15 week school curriculums. A No Alcohol Communication Campaign was targeted to the middle and high school students to address the issue of under age drinking among youth ages 10-17. The alcohol awareness coalition has recently been added to prevent youth from abusing alcohol.

Prostate Cancer Awareness Program

The Prostate Cancer Awareness Program screened **480** men for elevated PSA levels. Several education and testing sites were set up throughout the community, such as McDonalds, Senior Citizen Centers, Churches, Schools, East St. Louis City Hall and Outreach Centers. The men watched a prostate cancer educational presentation and were given the opportunity to ask questions at the end of the presentation. Many other sites were used to disseminate Prostate Cancer information such as Senior Citizens Residential Facilities, Barbershops, Supermarkets and Pharmacies.

LEAD POISONING PREVENTION PROGRAM

Lead screening for preschool age children, and identification and medical management of lead poisoning in young children.

Clients Screened for Lead	2,290
Number Elevated (10 and above)	134
Environmental Inspections	22

DENTAL HEALTH PROGRAM

Dental exams, cleanings, fluoride treatments, sealants, and referrals for children age 2 to 19.

Number of Clinic Exams & Prophylaxes	694
Clinic Fluoride Treatments	694
Number of School Exams & Prophylaxes	1,312
School Fluoride Treatments	1,312
Number of Sealants	497
Number of Sealant Patients	112

SCHOOL BASED CLINICS

Located in two high schools and one pre-school, these clinics provide health education and health care services to students.

Students receive:

- ♦ Physical Examinations.
- ♦ Health education and counseling.
- ♦ Medical and social service referrals.
- ♦ Sexually transmitted disease testing and treatment.
- ♦ Abstinence education.
- ♦ Laboratory testing.
- ♦ WIC services.

EAST ST. LOUIS HIGH SCHOOL

Physical Exams	351
Sports Physicals	642
Complaints of Illness	828
Accidental Injuries	43
Behavioral Health	35

CAHOKIA HIGH SCHOOL

Physical Exams	389
Sports Physicals	201
Complaints of Illness	603
Accidental Injuries	44
Behavioral Health	25

VIVIAN ADAMS

Preschool based clinic offering health care services and health education.

Physical Exams	485
Sick Visits	153
WIC Visits	214

COMMUNICABLE DISEASE SERVICES

Reduces the spread of disease through prevention education, and specific diagnostic services. Clients are monitored for:

- ♦ Childhood communicable diseases.
- ♦ Food borne illnesses.
- ♦ Sexually transmitted diseases.
- ♦ HIV/AIDS

NUMBER IDENTIFIED

Hepatitis C	90
Hepatitis B	19
Salmonellosis	12
Strep Pneumonia, invasive	4
Shigellosis	3
MRSA. Infant <61 days old	2
Group A Strep, invasive	1
Legionellosis	1
Shiga-toxin producing E. coli	1
Vibriosis (non cholera)	1

SEXUALLY TRANSMITTED DISEASE CLINIC

A CONFIDENTIAL service for individuals:

- ♦ Who have a sexually transmitted disease.
- ♦ Who suspect they have a sexually transmitted disease.
- ♦ Who may have had contact with an infected person.

The STD clinic offers diagnosis, treatment, education, and condoms to prevent the spread of STD's.

Number of tests performed:

Chlamydia	1209
Hepatitis B Vaccines	304
Gonorrhea	1209
Syphilis	1209
Total Seen in STD Clinic	2200

HIV/AIDS SERVICES

- ♦ HIV Counseling and Testing Services: Free confidential services for persons who may have been exposed to the Human Immunodeficiency Virus (HIV), the virus that results in AIDS.

HIV Counseling & Testing Encounters 1417

- ♦ HIV Case Management provides case management services to HIV infected individuals and families; and links clients with housing, medical assistance, transportation, nutrition assistance, medication assistance, and other care needs.

Clients Case Managed 95
Program Contacts 4715

BREAST & CERVICAL CANCER PROGRAM

New patients	102
Established Patients	178
Pap Test	164
Mammograms	159

ENVIRONMENTAL HEALTH PROGRAMS

The Environmental Health Division at East Side Health District is responsible for implementing environmental health programs that protect and educate the public. These programs involve regulatory inspections, mosquito disease surveillance and public education material. East Side Health District is responsible for the following environmental health programs:

- ♦ Food Service Establishment operations
- ♦ Food Safety
- ♦ Summer Food Program
- ♦ Private Sewage System permitting and inspections
- ♦ Water Well permitting, inspections, and sampling
- ♦ Mosquito disease surveillance.
- ♦ Vector Control Program
- ♦ Public Nuisance Investigations
- ♦ Tanning Facility Inspections
- ♦ Illinois Smoke-Free Restaurant Recognition Program
- ♦ Bioterrorism Preparedness and Response

Food Inspections	791
Summer Food Inspections	46
Private Sewage Systems Inspections	5
Well Inspections	10
Water Samples	15
Mosquito Batch Testing for WNV & SLE	111
Vector Inspection	17
Nuisance Investigations	35

VITAL RECORDS

Birth and death records are maintained at the District's 20th Street Administration office. An official record is maintained of each birth and each death occurring in the District's service area.

The District provides official certificates of births & deaths for occurrences in the service area. A fee is charged for this service. State regulations determine who may obtain a birth or death record. Certificates are available to authorized persons at the 20th Street Administration office.

Deaths	525
Births	523