

EAST SIDE HEALTH DISTRICT

650 North 20th Street

East St. Louis, IL 62205

2009 Annual Report

EAST SIDE HEALTH DISTRICT



ANNUAL REPORT 2009

The health district is devoted to improving the public health and environment for residents of Canteen, Centreville, East St. Louis and Stites townships by providing preventive health care:

- In a humanitarian spirit.
- Without regard to race, color, creed, religion, ancestry, sex, age, or national origin.
- That meets holistic needs.
- That is continuously improved in quality.
- That is part of an overall coordinated health care delivery system.
- That is in compliance with federal, state, and local statutes.

This is accomplished with federal, state, local, and private resources to promote a healthy and informed population. In 2003, we proudly continued our efforts to prevent the spread of disease, promote the health and welfare of children and adults and protect the community from communicable diseases.

MAJOR PROGRAMS & SERVICES

WIC PROGRAM SERVICES

WIC is a special supplemental nutrition program for women, infants and children helping pregnant, postpartum and breast feeding women, infants and children up to the age of 5 to improve family health with good nutrition:

- ♦ Nutrition Education.
- ♦ Health Screenings.
- ♦ Breast Feeding Support.

Nutritious food & Referral to other services

Clients Certified	8,796
Food Instruments Issued	50,494
Clients Receiving Group/Individual Sessions	7,406
Internet Education	750

FAMILY CASE MANAGEMENT PROGRAM

Case Management Services help pregnant women, infants and children. Health care and social service needs are met through advocacy and referrals.

DCFS Children Enrolled	86
Targeted Intensive Prenatal Clients	493
Teen Parenting Clients	199

NEWBORN SERVICES

Follow-up visits are made at home to help monitor the progress of a new baby born with medical problems. Counseling, education, and referrals are provided to parents eligible for local health care and social service resources.

Referrals	90
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Genetics-Newborn Screening - Family members can request information on inherited medical conditions. Counseling, education, and referral services are offered.

Family Referral/Follow up	55
Screening Tools Completed	738
Positive Indicators	317

OTHER CHILD & ADOLESCENT SERVICES

By appointment, we provide community residents with preventive and screening services for children and adolescents from birth to age 19.

IMMUNIZATIONS, WELL CHILD EXAMS, AND SCHOOL PHYSICALS

- ♦ Immunizations for infants and school aged children and adults.
- ♦ Well child exams for children up to age 5, including health history, lab work, and immunizations.
- ♦ School physicals for students in kindergarten through high school. A fee may be required.

Immunizations given this year:

Ages 0 - 2	350
Ages 3 - 18	727
Ages 19 & Older	575
TB Tests	1042
School Physicals	394
H1N1 Vaccines	3800

EAST SIDE HEALTH DISTRICT

Locations

ADMINISTRATION BUILDING

650 North 20th Street
East St. Louis, IL 62205
(618) 271-8722

CAHOKIA SCHOOL BASE

800 Range Lane Annex Building
Cahokia, IL 62206
(618) 337-3117

CAHOKIA CLINIC

1274 Camp Jackson Rd.
Cahokia, Illinois 62206
(618) 337-4178

EAST ST. LOUIS CLINIC

638 North 20th Street
East St. Louis, IL 62205
(618) 874-4713

EAST SIDE SR HIGH SCHOOL BASE

4901 State Street
East St. Louis, IL 62205
(618) 482-4562

LOVEJOY CLINIC

401 Canal
Brooklyn, IL 62059
(618) 482-8008

VIVIAN ADAMS

501 North 10th Street
East St. Louis, IL 62201
(618) 646-3296

WASHINGTON PARK CLINIC

5540 Bunkum Road
Washington Park, IL 62204
(618) 874-4627

FAIRMONT CITY

2568 North 41st
Fairmont City, IL 62201
(618) 271-7550

Serving the Residents of
CANTEEN TOWNSHIP
CENTREVILLE TOWNSHIP
EAST ST. LOUIS TOWNSHIP
STITES TOWNSHIP

HEALTH EDUCATION PROGRAMS

Heart Smart For Teens

Health Educators facilitated the Heart Smart For Teens Programs for 5th -9th grade girls in School District 189, School District 188, and Cahokia School District 187. This 9 week program focuses on the importance of physical activity and good nutrition for heart health.

Schools Served	7
Students Served	320

CATCH

The CATCH curriculum helps students to become physically active and help lead healthier lifestyles. East Side Health District has 2 certified CATCH trainers to implement curriculum in the schools.

Coordinated School Health

In partnership with School District 189, health educators assist the entire school in setting goals based on eight components of school health identified by the Center for Disease control and Prevention. Funding received from DHS and General Mills. An annual health festival is held for the community at the participating schools each year.

Substance Abuse Prevention

Students Served	465+
Health Festival Participants	150+
Community Organizations/Agencies	55

In partnership with School District 189, Substance Abuse Prevention Programs offers in 10 and 15 week school curriculums. A No Alcohol Communication Campaign was targeted to the middle and high school students to address the issue of under age drinking among youth ages 10-17. The alcohol awareness coalition has recently been added to prevent youth from abusing alcohol.

Prostate Cancer Awareness Program

Prostate & Testicular Cancer Education and Awareness Program—513 screened

Illinois Prostate Cancer Communities of Color Initiative—92

The Prostate Cancer Awareness Program, through combined efforts of two grants received, were able to screen over **600** men for elevated PSA levels. Several education and testing sites were set up throughout the community, such as McDonalds, Senior Citizen Centers, Churches, Schools, East St. Louis City Hall and Outreach Centers. The men watched a prostate cancer educational presentation and were given the opportunity to ask questions at the end of the presentation. Many other sites were used to disseminate Prostate Cancer information such as Senior Citizens Residential Facilities, Barbershops, Supermarkets and Pharmacies.

Ticket for the Cure

Ticket For The Cure Community Grant Awareness Program—603 reached

The Ticket for the Cure Community Grant Awareness program strives to reach and educate women in the East St. Louis area over the importance of breast health and early detection. The program enforces the significance of early detection for the best protection with emphasis on living healthier lifestyles and activities that will increase awareness of breast cancer risk factors. Over **600** women participated in the program received care for breast health. Education sites were set up at Outreach Centers, Women Shelters, Community Centers, Women's Clothing Stores, Churches, East Saint Louis City Hall, and other places women frequently visit.

LEAD POISONING PREVENTION PROGRAM

Lead screening for preschool age children, and identification and medical management of lead poisoning in young children.

Clients Screened for Lead	2757
Number Elevated (10 and above)	63
Environmental Inspections	19

DENTAL HEALTH PROGRAM

Dental exams, cleanings, fluoride treatments, sealants, and referrals for children age 2 to 19.

Number of Clinic Exams & Prophylaxes	697
Clinic Fluoride Treatments	697
Number of School Exams & Prophylaxes	1,198
School Fluoride Treatments	1,198
Number of Sealants	505
Number of Sealant Patients	113

SCHOOL BASED CLINICS

Located in two high schools and one pre-school, these clinics provide health education and health care services to students.

Students receive:

- ♦ Physical Examinations.
- ♦ Health education and counseling.
- ♦ Medical and social service referrals.
- ♦ Sexually transmitted disease testing and treatment.
- ♦ Abstinence education.
- ♦ Laboratory testing.
- ♦ WIC services.

EAST ST. LOUIS HIGH SCHOOL

Physical Exams	351
Sports Physicals	907
Complaints of Illness	292
Accidental Injuries	20
Behavioral Health	74

CAHOKIA HIGH SCHOOL

Physical Exams	398
Sports Physicals	282
Complaints of Illness	430
Accidental Injuries	27
Behavioral Health	34

VIVIAN ADAMS

Preschool based clinic offering health care services and health education.

Physical Exams	385
Sick Visits	202
WIC Visits	186

COMMUNICABLE DISEASE SERVICES

Reduces the spread of disease through prevention education, and specific diagnostic services. Clients are monitored for:

- ♦ Childhood communicable diseases.
- ♦ Food borne illnesses.
- ♦ Sexually transmitted diseases.
- ♦ HIV/AIDS

NUMBER IDENTIFIED

Hepatitis C	77
Hepatitis B	20
Salmonellosis	6
Shigellosis	5
MRSA. Infant <61 days old	2
Group A Strep, invasive	1
Shiga-toxin producing E. coli	1
Cryptosporidiosis	1
Histoplasmosis	1

SEXUALLY TRANSMITTED DISEASE CLINIC

A CONFIDENTIAL service for individuals:

- ♦ Who have a sexually transmitted disease.
- ♦ Who suspect they have a sexually transmitted disease.
- ♦ Who may have had contact with an infected person.

The STD clinic offers diagnosis, treatment, education, and condoms to prevent the spread of STD's.

Number of tests performed:

Chlamydia	2203
Hepatitis B Vaccines	374
Gonorrhea	2203
Syphilis	2359
Total Seen in STD Clinic	2585

HIV/AIDS SERVICES

- ♦ HIV Counseling and Testing Services: Free confidential services for persons who may have been exposed to the Human Immunodeficiency Virus (HIV), the virus that results in AIDS.

HIV Counseling & Testing Encounters **1740**

- ♦ HIV Case Management provides case management services to HIV infected individuals and families; and links clients with housing, medical assistance, transportation, nutrition assistance, medication assistance, and other care needs.

Clients Case Managed **103**
Program Contacts **5124**

BREAST & CERVICAL CANCER PROGRAM

New patients	100
Established Patients	164
Pap Test	160
Clinical Breast Exams	242

ENVIRONMENTAL HEALTH PROGRAMS

The Environmental Health Division at East Side Health District is responsible for implementing environmental health programs that protect and educate the public. These programs involve regulatory inspections, mosquito disease surveillance and public education material. East Side Health District is responsible for the following environmental health programs:

- ♦ Food Service Establishment operations
- ♦ Food Safety
- ♦ Summer Food Program
- ♦ Private Sewage System permitting and inspections
- ♦ Water Well permitting, inspections, and sampling
- ♦ Mosquito disease surveillance.
- ♦ Vector Control Program
- ♦ Public Nuisance Investigations
- ♦ Tanning Facility Inspections
- ♦ Illinois Smoke-Free Restaurant Recognition Program
- ♦ Bioterrorism Preparedness and Response

Food Inspections	772
Summer Food Inspections	51
Private Sewage Systems Inspections	10
Well Inspections	8
Water Samples	29
Mosquito Batch Testing for WNV & SLE	131
Vector Inspection	17
Nuisance Investigations	19

VITAL RECORDS

Birth and death records are maintained at the District's 20th Street Administration office. An official record is maintained of each birth and each death occurring in the District's service area.

The District provides official certificates of births & deaths for occurrences in the service area. A fee is charged for this service. State regulations determine who may obtain a birth or death record. Certificates are available to authorized persons at the 20th Street Administration office.

Deaths	512
Births	504